

## Why Natural Family Planning?

- Increase in Romance and Courtship
- Cooperation, reverence and respect for your spouse
- Strengthening of your marriage bond
- An increase in your faith and trust in God and in your spouse
- Increased willingness to seek God's plan in your family
- Money saved
- Avoidance of harmful side effects of unnatural forms of birth control
- Credibility and confidence in teaching abstinence to your teenage children
- Personal insight into the meaning of sexual intercourse as a renewal of your marriage covenant
- The fruits of perseverance, tolerance, faithfulness, self-control, diligence, joy, faith, and commitment



## COUPLE TO COUPLE LEAGUE LIVE THE LOVE

**Couple to Couple League offers face-to-face, virtual, and self-paced online classes.**

**Information and registration for all classes can be found at:**

[www.ccli.org](http://www.ccli.org)

**Please join our facebook group:**

<https://www.facebook.com/groups/LansingAreaCCL>

*If you are interested in postpartum or premenopause NFP charting – please contact your local teacher for more information.*

The Sympto-Thermal Method taught by CCL utilizes all the fertility signs achieving a 99% effectiveness level for a well-instructed and well-motivated couple.

## 2018 Class Schedule for the Lansing Area

**St. Therese Parish  
Lansing, MI**

**Feb 19, Mar 19, April 16 or  
Sept 17, Oct 15, Nov 12  
(Mon 6:30PM)**

**Darin & Kristine Witkowski  
[kristinewitkowski@gmail.com](mailto:kristinewitkowski@gmail.com)**

**Queen of the Miraculous Medal  
Church**

**Jackson, MI**

**Feb 17, Mar 17, Apr 21  
(Sat 9:30AM)**

**Nick & Elissa Jasko  
[elissa.murphy@gmail.com](mailto:elissa.murphy@gmail.com)**

**The Ark**

**Westphalia, MI**

**Feb 10, Mar 17, Apr 14 (Sat 9AM) or  
May 10, June 7, July 12 (Thurs 6:30PM)**

**Neil & Amber Feldpausch  
[neilfeldpausch@hotmail.com](mailto:neilfeldpausch@hotmail.com)**